

Success in Schools

Curriculum Express (Alberta Education)

Curriculum Express for Parents provide a short explanation of school and what students learn – for parents who are English language learners. They are available in English in general and Catholic versions for Kindergarten to Grade 3.

<http://www.education.alberta.ca/parents/resources/express.aspx>

Newcomer's Guide to Elementary Education in Alberta

The Grasslands School Division has prepared a series of guides to help newcomer families understand the Alberta school system. Topics include educational policy, teaching approaches, report cards, school procedures and parental communication and involvement. They are available in translation. Access the preferred language by clicking on the links below.

http://www.cbe.ab.ca/Programs/prog-pdf/Newcomers_Guide_to_Elementary_Education_in_Alberta.pdf

Resources for Parents (Alberta Education)

This website holds valuable information for parents on a variety of topics including:

- [Literacy](#)
- [Student Health](#)
- [The Journey: A Handbook for Parents of Children Who Are Gifted and Talented](#)
- [Handbook for Aboriginal Parents of Children with Special Needs](#)
- [The Parent Advantage: Helping children become more successful learners at home and school, grade 1-9](#)
- [Bullying Prevention](#)
- [Role of Parents: Keeping Kids Safe \(Bullying Resources\)](#)
- [My Child's Learning: Grades at a Glance](#)
- [Programs and Services for Parents](#)
- [Tips for Parents](#)
- [Common Questions from Parents \(schools and needs\)](#)
- [Parent Involvement: Getting Involved in School Councils](#)

Calgary Catholic School District

The Calgary Catholic School District provides access to a vast number of resources to support teaching and learning. These resources come in a variety of formats for students and parents.

http://www.cssd.ab.ca/default.asp?V_ITEM_ID=195

This volunteer resource guide is intended as a resource that schools may consult as they work with volunteers. The handbook, as a whole, reflects common beliefs, strategies, and procedures that apply to the general topic of school volunteerism. It reflects the unique aspect of Catholicity relevant to volunteers in Calgary Catholic schools.

http://www.cssd.ab.ca/files/parent_resources/Volunteer_Guidelines_Expectations.pdf



The Calgary Catholic School District welcomes and registers students who are new to Canada in kindergarten to Grade 12 through the Reception Centre. For information related to the center:

http://www.cssd.ab.ca/files/student_resources/Reception_Centre_Brochure.pdf

Calgary Board of Education

The Calgary Board of Education provides access to a vast number of resources to support teaching and learning. These resources come in a variety of formats for students and parents.

<http://www.cbe.ab.ca/learninginnovation/eduresources.asp>

Diversity and learning support advisors provide culturally appropriate services to students, their families and staff within the Calgary Board of Education.

<http://www.cbe.ab.ca/Programs/prog-diversity.asp>

For information about Interpretation and Translation Services:

http://www.cbe.ab.ca/Programs/interpretation_and_translation.asp

Positive Behaviour Supports

This site provides families with a wealth of tools, techniques, and tips for supporting your child with a disability. This website is a resource you can turn to for ideas and strategies to enhance your capacity to support your child in his or her development. While no two children are alike, this site will help you determine how to increase your child's motivation to develop adaptive behaviours, minimizing his or her reliance on challenging behaviours to meet his or her needs.

<http://pbsc.info/family/>

Family Literacy

Family Literacy Programs funded through Advanced Education and Technology (2011/2012)

Should you run into difficulty connecting with any of the programs, please call Campus Alberta Connections at 780-427-5603

<http://eae.alberta.ca/apps/literacy/familit.asp>

Strategies for parents to foster literacy skills in their children and strengthen their own literacy skills along the way:

http://abclifeliteracy.ca/files/Family_literacy_strategies.pdf

Family Development

Alberta Family Wellness Initiative

“Better health and wellbeing for Alberta families is within reach. All Albertans have the tools to help children build better brains, which in turn affects physical and mental health outcomes throughout life, including vulnerability to addiction. The first step is educating ourselves on the science behind early childhood brain development,” (Norlein Foundation, 2012).

<http://www.albertafamilywellness.org/families-individuals>

ParentFurther.org

“From time to time, all parents need a little help. Sometimes, a piece of solid, encouraging advice can help you have an “a-ha” moment that changes the way you think and act. Instead of focusing on what’s wrong with kids, our positive, strength-based approach to parenting focuses on what’s right with kids (and parents), and the small, everyday steps you can take to help kids be successful in the future,” (Parent Further, 2013).

<http://www.parentfurther.com/>

Alberta Human Services: Child Development

“In everything we do, in everything we say, we are all role models. As parents, we are given the enormous privilege and responsibility of providing our children with the love and nurturing they need from the moment of conception to the day they venture out on their own, but no parent can do it all on their own. It takes an entire community to raise a child, and as a community, we must have the vision to ensure children have the right types of support and services in place to help them succeed,” (Alberta Human Services, 2013).

<http://humanservices.alberta.ca/family-community/15574.html>

Healthy Choices for Families

“Canada's Food Guide describes the amount and types of food that make up a healthy diet. Following Canada's Food Guide can help you get energy to do what you enjoy, give your body enough vitamins, minerals, and other nutrients maintain a healthy weight reduce your risk of obesity, type 2 diabetes, high blood pressure, heart disease, osteoporosis, and certain types of cancer,” (Health Canada, 2012).

<http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

MyHealthAlberta.ca

MyHealth.Alberta.ca is a Government of Alberta initiative in partnership with Alberta Health Services. The information and tools you will find on MyHealth.Alberta.ca were developed in consultation with health professionals, and Albertans like you. Our goal is to create a single place for you to go for health information and useful health tools—a site that is made in Alberta for Albertans. With the expansion of the internet and the countless websites available with health information, it’s hard to know which ones to trust. MyHealth.Alberta.ca is making this easier,” (Government of Alberta, 2013).

<https://myhealth.alberta.ca>



Centre for Child Well-Being, Mount Royal University

The Centre for Child Well-Being (CCWB) envisions providing a circle of learning for everyone involved. Faculty, students and community partners will engage in collaborative applied research projects and mentoring in applied research methodology, promote primary health care principles, educate participants and produce meaningful projects in service to the community.

www.mtroyal.ca/wellbeing

The Canadian Association of Family Resources Programs

- Website Includes: Current up-to-date information about family resources, events and projects, and parent and professional conferences. "Canadian Association of Family Resource Programs (FRP Canada) promotes the well-being of families by providing national consultation and resources to those who care for children and support families," (FRP Canada, n.d.).

<http://www.frp.ca/index.cfm?fuseaction=Page.viewPage&pageId=475>

Diversity Supports

Centre for Newcomers

The Centre for Newcomers welcomes newcomers, and supports their adjustment in Canada through services and initiatives that promote diversity, participation and citizenship. Newcomers learn the language, employment skills and cultural practices that characterize life in Canada. Services are delivered by diverse and multicultural professionals in English and in a newcomer's first language, (Centre for Newcomers, n.d.).

<http://www.centrefornewcomers.ca/index.shtml>

Immigrant Services Calgary

Immigrant Services Calgary provides a variety of services to support the settlement and integration of newcomers in the Calgary community. They are committed to success, and are dedicated to make families feel at home. They can help you find language training opportunities and other community resources, adjust to life in Canada by supporting you in your settlement process, gain Canadian work experience through volunteer opportunities, meet people from diverse cultural groups.

<http://www.frfp.ca/parents-resources/community-resources/immigration-services.htm>

Calgary Immigrant Women's Association (CIWA)

This website includes: Family and employment services, language training and childcare connections, as well as integration and settlement support.

www.ciwa-online.com

